

Glacier Peak Holistics Alternative Sensitivity and Trigger Assessment Results

Items Highlighted in RED are Sensitivities & Triggers					Food Panel
Veterinarian:	N/A		Store:	N/A	
Owners Name:	Brianna E. Hancy		Pet Name:	Louie	
Date:	10/15/2014				
Diet:	Kibble	Raw	Home-Cooked	Other	Unknown
Proteins	Vegetables	Fruits	Grains	Additives	Misc. Items
Beef	Artichoke	Agrumi	Amaranth	Black Pepper	Bakers Yeast
Buffalo	Asparagus	Apple	Barley	Casein	Beer
Elk	Avocado ²	Apricot	Buckwheat	Ethoxyquin	Beet Pulp
Goat	Beet	Banana	Corn	Food Colorings	Brewers Yeast
Kangaroo	Bok Choy	Blackberry	Millet	Food Preservatives	Carob
Lamb	Broccoli	Blueberry	Oat	Gelatin	Cheese
Llama	Brussels Sprouts	Boysenberry	Quinoa	Aspartame	Chocolate
Pork/Ham	Cabbage	Cantalope	Rice/ White ²	Salt	Coffee
Rabbit	Carrot	Coconut ²	Rice/Brown ²	Vinegar	Cottage Cheese
Venison	Cauliflower	Cranberry	Rye	Yeast Culture	Garlic
Yak	Celery	Currant	Spelt		Gluten
	Chile Pepper	Date	Wheat		Honey
				Oils	
Poultry	Chick / Egg	Fig	Beans,Nuts,Seeds	Canola	Malt
Duck / Egg	Cucumber	Grape	Almond ²	Cotton Seed	Molasses
Emu	Dandi Greens	Grapefruit	Black Turtle Bean	Fish ²	Nutritional Yeast
Goose	Eggplant	Honeydew	Black-eyed Pea	Krill	Parsley
Ostrich	Green Beans	Kiwi	Brazil Nut	Menhaden fish ²	Sugar
Quail/Pheasant	Green Pea/Split Pea	Lemon	Cashew	Safflower	Tapioca
Turkey	Green Pepper	Lime	Chia Seed	Salmon ²	Tea
	Jicama	Mango	Dill Seed	Vegetable	Tobacco
					Vanilla
Fish	Cod ²	Nectarine	Fava Bean		Whey
Fish Meal ²	Leek	Orange	Filbert		Wine - Red
Haddock	Lettuce	Papaya	Flax seed / Oil	Spices	
Herring/Anchov.	Mushroom	Peach	Garbanzo/Chickpea	Allspice	Wine - White
Mackerel	Mustard Greens	Pear	Great Northern Bean	Anise	Yogurt
Menhaden fish ²	Napa Cabbage	Pineapple	Hazelnut	Cilantro	
Pollock	Okra	Plum	Kidney Bean	Curry	
Salmon ²	Olive ²	Quince	Lentils	Fenugreek	
Sardine	Onion	Raspberry	Lima Bean	Hops	
Shark	Parsnip	Rhubarb	Macadamia	Mint	
Shellfish ⁴	Pimento	Strawberry	Navy Bean	Mustard	
Trout	Potato	Watermelon	Peanut / Oil	Nutmeg	
Tuna	Pumpkin / Seed		Pecan	Paprika	
	Radish		Pine Nut	Rosemary	
Milks			Pinto Bean	Sage	
Dairy Milk	Red Pepper		Pistachio	Spice Mix ³	
Goat Milk	Spinach		Sesame Seed / Oil	Thyme	
Sheep Milk	Sprouts		Soy - Lecithin ²		
	Squash (summer)		Sunflower Seed / Oil	Chondroitin	
	Squash (winter)		Walnut	Glucosamine	
	Swt potato/Yam				
	Tomato				
	Turnip				
	Zucchini				

Probable Concerns	
If below boxes are marked Yellow, this may indicate general health concerns.	
Yeast	Pesticides
Candida	Chlorine
Herbicides	Parasites
Bacteria/Virus	Mold
Fungus	Vaccinosis
Immune System	Thyroid

*Some items on this panel can be toxic or poisonous foods for pets. Even though they may not be sensitivities or triggers we encourage you to research toxic foods for pets before feeding raw or home-cooked foods.

² Describes the food source including ; Oils, Waters, Milks
³ Cinnamon, Coriander, Ginger, Nutmeg, Turmeric
⁴ Clam, Crab, Lobster, Mussels, Oysters, Shrimp

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Environmental Panel

Noxious Energy	Enviro Chems	Insects	Weeds/ Flowers	Grasses	Trees
Computers	Alcohol (rubbing)	Ants	Burdock	Alfalfa	Ash
Radiation	Ammonia	Bee	Dandelion	Brome	Aspen
Television	Asbestos	Cockroach	Dill Weed	Crabgrass	Beech
	Benzene	Flea	Dock Sorrel	Fescue	Birch
Petro Chemical	Borax	Mites	Foxtail	Goldenrod	Cedar/shavings
Acetaldehyde	Chlorine	Mosquito	Lupine	Grass mix	Cottonwood
Auto exhaust	Cleaning products	Spider	Plantain	Heather	Cypress
Chloride	Cleaning solvents	Tick	Rag Weed	Kent. Blue Grass	Elder
Construction	Cosmetics	Wasp	Red Clover	Privet	Elm
Dry cleaning	Formaldehyde		Sagebrush	Orchard	Hawthorn
Finishes	Kapok / Stuffing		Thistle	Red Top	Hickory
Furniture stripping	Laundry soap			Rye	Juniper
Industrial	Perfume			Bear Grass	Maple
Latex	Sulfate			Sweet grass	Marshelder
Methylene/Chloride	Toluene			Sweet Vernal	Mesquite
Motor oil				Timothy	Mulberry
Natural gas				Weed mix	Oak
Paint					Olive
Petroleum dist.					Palm
Phosphorous	Dust and Mold		Pollens	Misc.	Pine
Plastic	Chalk dust		Alfalfa	Cigarette smoke	Poplar
Polish/ Waxes	Dust- Mix		Cocklebur	Clay	Redwood
Polyurethane	Flock dust		Dandelion flower	Coal - Asphalt	Walnut
Propylene glycol	Mildew		Flower	Down/Feathers	
Wood alcohol	Mold - Mix		Fruit trees	Horse	
Xylene	Straw/Hay dust		Grain	Mouse fur	
			Hazel	Poison Ivy	
			Heather	Poison Oak	
			Honeysuckle	Pussy Willow	
			Laburnum	Wood smoke	
			Mugwort	Wool	
			Nettle		
			Oleander		
			Plane		
			Prickly Pear		
			Pussy Willow		
			Red Clover		

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Beneficial Holistic & Herbal Remedies Items Highlighted in GREEN are beneficial remedies

Digestive Enz.	Tissue Salts	Herbs	Herbs	GPH Products
Amylase	Calc Fluor	Alfalfa	Licorice Root	Bach Flwr Remedy
Cellulase	Calc Phos	Astragalus	Lobelia	Colloidal Silver
Invertase	Calc Sulph	Black Seed	Marshmallow Root	Daily Defense
Lactase	Ferrum Phos	Black Walnut	Milk Thistle	Glacier Peak Gold
Lipase	Kali Mur	Blood Root	Mullien	Herbal Aspirin
Maltase	Kali Phos	Burdock	Nettles	Inflapotion™
Pectinase	Kali Sulph	Calendula	Oat Straw	Mountain Salve
Peptidase	Mag Phos	Catnip	Olive Leaf	ParvRx
Protease	Nat Muir	Cats Claw	Oregano	Peak Immune
	Nat Phos	Cayenne	Oregon Grape Root	Xtreme-Biotic
	Nat Sulph	Chamomile	Orris Root	
Homeopathics		Ch-Berry (vitex)	Pau D'Arco	
Apis	Silicea	Chickweed	Peppermint	
Arnica Montana	Bio Phosphate	Chicory	Psyllium	
Arsenicum Alb	Bioplasma	Cinnamon	Red Clover	
Belladonna		Cloves	Red Raspberry	Enzymes
Byronia	Misc.	Comfrey	Rosemary	Digest Basic
Cantharis	Apple Cider Vinegar	Cranberry	Scullcap	Pro-Bio
Chamomile	Adzuki Bean	Dandelion root	Slippery Elm	
Cuprum Met	Aloe Vera	Devil's Claw	Spearmint	
Drosera rotund.	Bee Pollen	Dong Quai	Spirulina	
Eurphrasia	Chlorophyll	Dulse	Uva Ursi	
Graphites	Coconut Oil	Echinacea	Valerian Root	
Hepar Sulf	Colloidal Silver	Eluthero	White Willow Bk	
Histaminum	Diatomaceous Earth	Eye Bright	Wild Yam	
Hypericum perf	Distilled Water	Fennel	Wormwood	
Kali Carb	DMG	Fever Few	Yucca	
Ledum	Electrolites	Garlic	Turmeric	
Nux Vomica	Grapefruit seed ext	Ginger		
Peltarum	M.S.M.	Golden Seal		
Podophyllum	N-acetyl-cysteine	Green tea ext.		
Rhus Tox	Oils	Kelp		
Ruta Grav	Pro-biotics			
Staphysagria	Tea Tree Oil			
Sulfur				
Symphytum				
Thuja				
Urtica Urens				

NOTES : We do not encourage the use of all beneficial remedies at one time.

Pro-Bio is a probiotic that supports healthy intestinal microflora balance and is enteric coated to ensure its delivery into the intestinal tract. It helps with yeast overgrowth.

We use and recommend "Digest Basic" by Enzymedica. These are the enzymes needed to break down food correctly so the nutrition is more available. This also helps with yeast overgrowth.

Glacier Peak Gold has the best herbs to eliminate the Candida overgrowth. It includes grapefruit seed extract for extra strength. We also recommend a good probiotic to help with the candida overgrowth.

There may be some inflammation issues. Several of the herbs highlighted in green are in our Inflapotion.

There appears to be some pain/anxiety issues. Your dog tested for several of the ingredients in our Herbal Aspirin.

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Sensitivities and triggers along with toxins can be considered very harmful to your pets. Toxins are responsible for the most serious pet illnesses, pet cancer, kidney failure, acute chemical exposure and toxicity, serious infection and diabetes. By removing these items from your pets living environment you can significantly benefit their health.

A dog without food and environmental sensitivities may not have a reaction to a substance, while a dog that has food and/or environmental sensitivities will react by releasing chemicals which cause unnatural symptoms. In the case of food sensitivities in dogs, it's usually seen in red itchy rashes on the skin or chronic yeast/ear infections. Keep in mind that a dog with these symptoms could be experiencing a "side effect" from the substance and not necessarily allergic to that substance. Some of the foods listed can also be "trigger" foods. Meaning that there is not a true allergy present, these foods act as a trigger for intolerance type reactions, commonly caused by a compromised immune system.

Helpful tools for Mapping A Plan For Your Pets Wellness:

If you feel there is a yeast overgrowth issue in your pet;

Apple cider vinegar is great for balancing yeast overgrowth. Start by adding just a drop in the food to let them get used to the smell. Work up to ½ teaspoon per 25 pounds. We think adding apple cider vinegar to the diet is a healthy choice all the time. It has many health benefits.

Glacier Peak Gold has the best herbs to eliminate the candida overgrowth. It includes grapefruit seed extract for extra strength. We also recommend a good probiotic to help with balancing candida. We use and recommend Pro-Bio by Enzymedica.

Colloidal Silver is a great natural antibiotic that helps eliminate candida yeast overgrowth.

Adding 1-2 teaspoons of coconut oil to the diet can reduce bacteria, virus, and fungus, plus many other health benefits.

If you feel that there is a toxin issue in your pet;

Dandelion and nettles are great detox herbs to help eliminate toxin, including those that feed yeast. Astragalus builds the immune system. Alfalfa and nettles are high in organic vitamins and minerals and trace minerals. Kelp and dulse are high in iodine to feed the thyroid. All of these, plus bee pollen and diatomaceous earth for parasite control, are ingredients in **Daily Defense**. The dandelion and nettles will also help reduce the toxic residue from herbicides/pesticides/chlorine.

If your pet has a sensitivity to Dandelion Root: Normally we would recommend Daily Defense for the toxin elimination, but the dandelion root sensitivity prevents it. In this case, we recommend the amino acid NAC (N-Acetyl-Cysteine) for cellular detox. NAC can be found at health food stores.

If your pet 's results show a probable concern for Immune System;

A series of **Peak Immune** can help to rebuild a weak immune system. This series consists of 10 days on/10 days off, 2-3 times. Then, we recommend 10 days, four times per year for maintenance.

After Assessment Review please consult with your local retailer for further information about food options and

*Disclaimer- The information provided by this assessment is intended for educational and nutritional purposes only and is not intended to diagnose, treat, cure, or prevent any disease. It is not intended as conventional veterinary medical practice advice or to replace the advice or attention of certified veterinarians. You may wish to consult your holistic veterinarian before beginning or making changes in your pets' diet, nutritional supplementation or exercise program. The statements on this assessment have not been evaluated by the Food and Drug Administration nor are they approved by the Board of Veterinarian Medicine. If you do not have a Holistic Veterinarian, to find one in your area please visit <http://www.ahvma.org/>

**Highlighted in Red are Glacier Peak Holistic Products.*

*** This test should only be used as a nutritional observation. It is an alternative healing method and in no way claims to diagnose, treat or cure any disease. For any diagnoses please visit your local certified veterinarian.*

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